



Ch. 6
“Encourage Others”

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“Encouraging words are hugs of hope” (p. 71).

“Therefore encourage one another and build each other up, just as in fact you are doing” (1Thes. 5:11).

2

Encouragement
Do we “speak” courage to others in a world of discouragement? Is it easier to discourage others by being critical or dismissive—even by ignoring others?

3

Encouraging Our Youth
How can we encourage future generations of youth “in the faith”? What do we need to model for them to believe us—doubts and all?

4

- SIX WAYS TO AFFIRM OTHERS**
1. Speak honest, heartfelt words of praise. (“You know, you’re really good at that.”)
 2. Express appreciation. (“You’re so thoughtful.”)
 3. Listen attentively. (“I hear you.”)
 4. Acknowledge them. (“It’s great to see you.”)
 5. Credit their contributions. (“You raise a wonderful point!”)
 6. Speak well of them in front of their peers. (“Luke was great in that role.”)

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