



1

***The Myth of Multitasking***  
The more things we can “accomplish” simultaneously, the more “successful” we will be in life. Is such busyness truly a relational benefit?

2

***Intimate vs. “Promiscuous” Communication***  
Do we flutter about, consuming and “transmitting” messages indiscriminately, without deeper purpose?

3

***Early Days of Email***  
“I am going to see if anyone loves me today.” A very telling way to think about the importance of a “new” medium (attention=love). What about social media today?

4

***Connected Loneliness***  
We all have more connections to more people today. Yet loneliness is at an all-time high. The UK and Japan established a “Minister of Loneliness.”

5

***How Much “Technology” is Fitting for Rich Interpersonal Relationships?***  
Our multitasking is increasing rapidly with new media, centering on phones and social media.

6

## The Serenity Prayer

God grant me the serenity  
To accept the things I cannot change;  
Courage to change the things I can;  
And wisdom to know the difference.

Living one day at a time;  
Enjoying one moment at a time;  
Accepting hardships as the pathway to peace;  
Taking, as He did, this sinful world  
As it is, not as I would have it;  
Trusting that He will make all things right  
If I surrender to His Will;  
So that I may be reasonably happy in this life  
And supremely happy with Him  
Forever and ever in the next.