

## Ch. 1 "Be Grateful"

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# Interpersonal Communication (IC)

IC is person-to-person communication, either in person or "mediated" (wherever two or more are "gathered") (Matt. 18:20).

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#### Communication

Communication is the process of forming and deforming relationships (communities) through shared understanding (communion)—not just exchanging information.

#### **Miscommunication**

Miscommunication is the resulting lack of shared understanding (communication is not mere "transmission" or "effect/influence").

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## The "Source" of Human Communication

"For the mouth speaks what the <u>heart</u> is full of."

—Jesus, Luke 6:45 (motive, desire, attitude)

### Gratitude (Gratefulness)

This is the most essential "attitude" for our interpersonal communication It is the Gospel response, motivating us to use the gift of comm to love G/N/S.

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### SIX Types of Communicators for Which to Give Thanks

- 1. Encouragers—who build us up
- 2. Advocates—who speak up on our behalf
- 3. Listeners—who care about our thoughts and feelings
- 4. Storytellers—who give us joy and delight
- 5. Forgivers—who make things right when we're wrong
- 6. Challengers—who ask appropriate questions about our communication

"How do you cultivate gratitude in your life?"

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